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ANTERIOR HIP REPLACEMENT SURGERY NOW AVAILABLE AT DAMERON HOSPITAL

People experiencing hip pain that makes it difficult to do the things they want or need to do should seek medical assistance to help maintain their quality of life.

Hip replacement surgery may become an option to consider when nonsurgical treatments such as medication, physical therapy, and walking aids are no longer effective.

What is anterior hip replacement surgery?

Anterior hip replacement surgery is a procedure to replace the worn ends of the bones in the hip joint caused by osteoarthritis. Traditional hip surgery uses a “posterior” approach, which cuts through the muscles in the buttock to access the hip joint. The anterior hip replacement procedure involves the surgeon making an incision through the front of the hip, rather than the back.

Anterior hip surgery allows the surgeon to move the muscles aside rather than cutting through them. This creates less damage and trauma to the soft tissues around the hip, allowing for a shorter recovery period. This approach also lowers the risk of dislocating the new prosthesis because the muscles used to support the hip joint remain intact and strong.

Accelerated recovery period

Anterior hip surgery also results in less pain after surgery for the patient, fewer restrictions and resumption of walking without assistance in a few weeks. In most cases, patients can get back to their normal activities very quickly.

If you are interested in learning more about anterior hip replacement surgery, call Dameron Hospital at 209-944-5550.

